

Labour Bureaus with Advisors for Foreign Workers

Advisors for Foreign Workers are stationed at the Labour Bureaus or the Labour Standards Inspection Offices as follows and offer consultations concerning working conditions in some languages. For details as available dates, hours, etc., please contact the respective Bureaus and Offices or visit the website of Ministry of Health, Labour and Welfare (<https://www.check-roudou.mhlw.go.jp/soudan/foreigner.htm>).

Prefecture	Office	Language							Address	Phone number
		English	Chinese	Spanish	Portuguese	Tagalog	Vietnamese	Burmese		
Hokkaido	Inspection Division							○	Sapporo Joint Government Office Building No.1, 2-1-1 Kita8jionishi, Kita-ku, Sapporo-shi	011-709-2311
	Hakodate Labour Standards Inspection Office		○						Hakodate Regional Joint Government Office Building, 25-18 Shinkawacho, Hakodate-shi	0138-87-7605
	Kushiro Labour Standards Inspection Office		○						2-12 Kashiwagicho, Kushiro-shi	0154-42-9711
Miyagi	Inspection Division		○					○	Sendai Joint Government Office Building No.4, 1 Teppomachi, Miyagino-ku, Sendai-shi	022-299-8838
Ibaraki	Inspection Division	○	○	○					Ibaraki Government Office Bbuilding for General Labour Affairs, 1-8-31 Miyamachi, Mito-shi	029-224-6214
Tochigi	Inspection Division	○		○	○				Utsunomiya Regional Joint Government Office Building No.2, 1-4 Akebonocho, Utsunomiya-shi	028-634-9115
	Tochigi Labour Standards Inspection Office		○						20-24 Numawadacho, Tochigi-shi	0282-24-7766
Gunma	Inspection Division							○	Maebashi Regional Joint Government Office Building., 8F, 2-3-1 Otemachi, Maebashi-shi	027-896-4735
	Ota Labour Standards Inspection Office				○				104-1, Iizukacho, Ota-shi	0276-45-9920
Saitama	Inspection Division	○							Land Axis Tower., 15F, 11-2 Shintoshin Chuo-ku, Saitama-shi	048-816-3596
			○					○		048-816-3597
Chiba	Inspection Division	○							Chiba Regional Joint Government Office Building No.2 4-11-1 Chuo, Chuo-ku, Chiba-shi	043-221-2304
	Funabashi Labour Standards Inspection Office		○						2-3-13 Kaijincho Funabashi-shi	047-431-0182
	Kashiwa Labour Standards Inspection Office						○		255-31 Kashiwa, Kashiwa-shi	04-7163-0246
Tokyo	Inspection Division	○	○			○	○	○	Kudan Joint Government Office Building No.3., 13F 1-2-1 Kudaminami, Chiyoda-ku	03-3816-2135
Kanagawa	Inspection Division	○		○	○				Yokohama Joint Government Office Building No.2 5-57 Kitanakadori, Naka-ku, Yokohama-shi	045-211-7351
	Atsugi Labour Standards Inspection Office			○	○				Atsugi T Building., 5F, 3-2-6 Nakacho, Atsugi-shi	046-401-1641
Niigata	Inspection Division							○	Niigatamisaki Joint Government Office Building No.2 3F, 1-2-1 Misakicho Cyuo-ku Niigata-shi	025-288-3503
Toyama	Inspection Division		○						Toyama Government Office Building for General Labour Affairs, 1-5-5 Jinzuhonmachi, Toyama-shi	076-432-2730
	Takaoka Labour Standards Inspection Office			○	○				Takaoka Joint Government Office Building for Legal Affairs, 10-21 Nakagawahonmachi, Takaoka-shi	0766-23-6446
Ishikawa	Inspection Division		○				○		Kanazawaekinishi Joint Government Office Building 5F, 2-4-1 Saizen, Kanazawa-shi	076-200-9771
Fukui	Inspection Division		○	○	○				Fukuiharuyama Joint Government Office Building., 9F 1-1-54 Haruyama, Fukui-shi	0776-22-2652
Yamanashi	Kofu Labour Standards Inspection Office			○	○				2-5-51 Shimoaida, Kofu-shi	055-224-5620
Nagano	Inspection Division				○				1-22-1 Nakagoshu, Nagano-shi	026-223-0553
Gifu	Inspection Division			○	○				Gifu Joint Government Office Building., 3F 5-13 Kinryucho, Gifu-shi	058-245-8102
	Gifu Labour Standards Inspection Office		○						Gifu Government Office Building for General Labour Affairs., 3F, 1-9-1 Gotsubo, Gifu-shi	058-247-2368
	Tajimi Labour Standards Inspection Office					○			Tajimi Government Office Building for General Labour Affairs., 3F, 5-39-1 Otowacho, Tajimi-shi	0572-22-6381
Shizuoka	Inspection Division	○	○	○	○		○		Shizuoka Regional Joint Government Office Building 9-50 Otemachi, Aoi-ku, Shizuoka-shi	054-254-6352
	Hamamatsu Labour Standards Inspection Office				○				Hamamatsu Joint Government Office Building, 1-12-4 Chuo, Naka-ku, Hamamatsu-shi	053-456-8148
	Mishima Labour Standards Inspection Office	○							Mishima Government Office Building for General Labour Affairs, 1-3-112 Bunkyocho Mishima-shi	055-986-9100
	Iwata Labour Standards Inspection Office				○				Iwata Regional Joint Government Office Building 3599-6 Mitsuke, Iwata-shi	0538-32-2205
	Shimada Labour Standards Inspection Office			○	○				Shimada Government Office Building for General Labour Affairs, 1-4677-4 Hontori Shimada-shi	0547-37-3148
Aichi	Inspection Division	○			○				Nagoya Joint Government Office Building No.2, 2-5-1 Sannomaru, Naka-ku, Nagoya-shi	052-972-0253
	Nagoya Nishi Labour Standards Inspection Office						○		3-37 Futatsubashicho Nakamura-ku Nagoya-shi	052-481-9533
	Toyohashi Labour Standards Inspection Office			○	○				Toyohashi Regional Joint Government Office Building 6F, 11 Daikokucho, Toyohashi-shi	0532-54-1192
Mie	Kariya Labour Standards Inspection Office				○				Kariya Joint Government Office Building., 3F, 1-46-1 Wakamatsucho, Kariya-shi	0566-21-4885
	Yokkaichi Labour Standards Inspection Office	○	○	○	○				2-5-23 Shinsho, Yokkaichi-shi	059-342-0340
	Tsu Labour Standards Inspection Office	○	○	○	○				Tsu Regional Joint Government Office Building No.2 1F, 327-2 Shimazakicho, Tsu-shi	059-227-1282
Shiga	Otsu Labour Standards Inspection Office				○				Shiga Government Office Building for General Labour Affairs., 3F, 14-15 Uchidehana Otsu-shi	077-522-6616
	Hikone Labour Standards Inspection Office				○	○			Hikone Regional Joint Government Office Building 3F, 58-3 Nishimacho, Hikone-shi	0749-22-0654
	Higashiomi Labour Standards Inspection Office			○	○				8-14 Yokaichimidori, Higashiomi-shi	0748-22-0394
Kyoto	Inspection Division	○							451 Kinbukicho, Oikegaru, Ryogaemachidori Nakagyo-ku, Kyoto-shi	075-241-3214
Osaka	Inspection Division	○	○		○				Osaka Joint Government Office Building No.2., 9F 4-1-67 Otemae, Chuo-ku, Osaka-shi	06-6949-6490
	Osaka cyuo Labour Standards Inspection Office	○							Osaka Central Government Office Building for General Labour Affairs., 5F, 1-15-10 Morinomiyacho, Chuo-ku, Osaka-shi	06-7669-8726
	Terma Labour Standards Inspection Office	○							OAP Tower., 7F, 1-8-30 Tenmabashi, Kita-ku, Osaka-shi	06-7713-2003
	Sakai Labour Standards Inspection Office	○							Sakai Regional Joint Government Office Building., 3F 2-29 Minamikawaramachi, Sakai-ku, Sakai-shi	072-340-3829
Hyogo	Inspection Division		○						Kobe Crystal Tower, 1-1-3 Higashikawasakicho Chuo-ku, Kobe-shi	078-367-9151
	Himeji Labour Standards Inspection Office							○	1-83 Hojo, Himeji-sh	079-256-5788
Tottori	Inspection Division	○						○	2-89-9 Tomiyasu Tottori-shi	0857-29-1703
Shimane	Inspection Division		○						Matsue Regional Joint Government Office Building., 5F 134-10 Mukojimacho, Matsue-shi	0852-31-1156
Okayama	Inspection Division		○					○	Okayama Joint Government Office Building No.2, 1-4-1 Shimoshii, Kita-ku, Okayama-shi	086-201-1651
Hiroshima	Inspection Division		○	○	○				Hiroshima Joint Government Office Building No.2., 5F 6-30 Kamihatchobori, Naka-ku, Hiroshima-shi	082-221-9242
	Hiroshimacyo Labour Standards Inspection Office						○		Hiroshima Joint Government Office Building No.2., 1F 6-30 Kamihatchobori, Naka-ku, Hiroshima-shi	082-221-2460
	Fukuyama Labour Standards Inspection Office		○						1-7 Asahimachi, Fukuyama-shi	084-923-0005
Tokushima	Inspection Division		○						Tokushima Regional Joint Government Office Building 6-6 Tokushimachonani, Tokushima-shi	088-652-9163
Ehime	Inspection Division		○					○	Matsuyamawakakusa Joint Government Office Building 5F, 4-3 Wakamatsucho, Matsuyama-shi	089-935-5203
	Imabari Labour Standards Inspection Office							○	1-3-1 Asahimachi, Imabari-shi	0898-32-4560
Fukuoka	Inspection Division	○							2-11-1 Hakataekihigashi, Hakata-ku, Fukuoka-shi	092-411-4862
	Fukuokacyo Labour Standards Inspection Office		○						2-1-1 Nagahama, Chuo-ku, Fukuoka-shi	092-761-5607
	Kitakyusyunishi Labour Standards Inspection Office						○		1-5-10 Kishinoura, Yahatanishi-ku, Kitakyushu-shi	093-622-6550
Kumamoto	Inspection Division								Kumamoto Regional Joint Government Office Building A., 9F, 2-10-1 Kasuga, Nishi-ku, Kumamoto-shi	096-355-3181
	Yatsushiro Labour Standards Inspection Office		○						2-3-11 Otemachi, Yatsushiro-shi	0965-32-3151
Kagoshima	Inspection Division							○	Kagoshima Joint Government Office Building, 13-21 Yamashitacho Kagoshima-shi	099-223-8275
Okinawa	Inspection Division	○							Naha Regional Joint Government Office Building No.2 3F, 2-1-1 Omoromachi, Naha-shi	098-868-1634

※This is based on the information available as of April, 2019. It may be subject to change.